



Grades 1 & 2 / 1^{re} & 2^e années

Learning from Home Package / Trousse d'apprentissage-chez-soi

You will need:

Paper (white copier papier, construction paper)

Markers, crayons, or pencil crayons

Pencil, Eraser, Scissors

8-10 storybooks

Dice, deck of cards

Whiteboard marker

The following materials would be helpful, but in most cases can be substituted with what you have available:

Glue sticks

Watercolour paints

Craft supplies



Grade 1 & 2 LFH Learning Package/Trousse d'apprentissage-chez-soi 1^{re} & 2^e années

At the direction of Manitoba Education, the Louis Riel School Division has planned for students in Kindergarten- Grade 8 to temporarily learn from home from January 10th- January 14th. Temporary remote learning options may be provided to Kindergarten to Grade 8 Students who can be supported while learning from home. In doing so our goals are to:

- Continue to engage children in achieving essential learning outcomes while learning from home.
- Address continuity of learning in response to higher levels of absenteeism due to concerns about safety as a result of COVID-19.
- Ensure children who are at home on a temporary basis maintain a connection to their school community while learning from home.

Students in Kindergarten- Grade 6 will receive a learning package developed by the division along with each student's school community. They will be provided with a daily schedule and learning opportunities focused on essential learning outcomes and emphasizing literacy and numeracy. In addition to the print package provided, students, parents, and guardians will have access to online invitations to learning. These will be accessible via the LRSD homepage. At the end of the period of temporary learning from home, students are invited to share their work with their classroom teacher. Teachers will acknowledge the learning and provide feedback to students in a timely manner.

Staff members from the student's school community will be in regular contact during the temporary learning from home period to ensure each student understands the learning tasks and to answer any questions and to nurture well-being.

Parents and guardians are encouraged to establish a learning space for their child and to maintain a regular schedule to maximize engagement and capitalize on learning:

- regular bedtime, wake-up and mealtimes
- getting dressed and ready for school (even though they are at home)
- time for learning
- time for breaks
- daily physical activity
- daily communication with friends and family

Setting up a home learning space to work can help children focus. If possible, the space should include:

- a quiet atmosphere
- good lighting
- a desk or table at a comfortable height for your child
- a storage basket or bin to keep supplies (paper, pens, pencils, markers, books, etc.)
- access to a computer/tablet or other smart device if possible



Suggested Daily Schedule

9:00	Getting our Bodies and Brains Ready for Learning	р. 4-5
9:15	Language/Langues	p. 6-25
	French Immersion students should read in both English & French.	
10:15	Recess Break/Snack/Outdoor Play	
10:30	Math/Mathés	p. 26-47
11:30	Lunch/Outdoor Play/Quiet Time	
12:30	Science/Sciences de la nature	p. 48-50
1:30	Social Studies	p. 51-52
2:15	Recess Break/Snack/Outdoor Play	
2:30	Art / Arts visuels	p. 58-59
3:00	Éducation en plein air / Outdoor Learning	p. 53-57

Sections

- 1. Getting our Bodies and Brains Ready for Learning
- 2. Language / Langues (français et anglais Grade 2)
- 3. Math / Mathés
- 4. Science / Sciences de la nature
- 5. Social Studies / Sciences humaines
- 6. Art / Arts visuels
- 7. Éducation en plein air / Outdoor Learning



Getting our Bodies and Brains Ready for Learning

- 1. Put on some relaxing music and doodle with someone.
- 2. The Heartbeat Exercise

Ask your child to stand up and either jump up and down or do jumping jacks for one minute. At the end of that minute, have them place their hand on their heart and pay attention to how their heartbeat and their breathing feels. You can even get them to count along with their heartbeats!

- 3. Listen to some music and talk about all the different instruments that you hear. Can you make a different movement for every instrument that you hear?
- 4. Muscle Relaxation Exercise

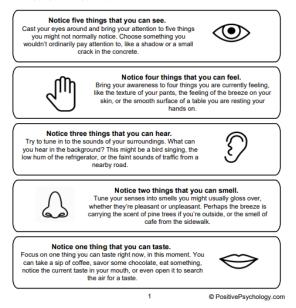
Starting at the feet, gently squeeze the muscles in the feet by tightening them, then slowly releasing.

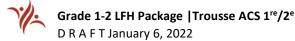
Next, squeeze the large muscles in the calves for 5 seconds, then gently release. Working your way up the body, squeeze the thigh muscles for 5 seconds then gently release. Continue moving up the body for more relaxation.

5.

The Five Senses Worksheet

Use this Five Senses Exercise as a simple, versatile way to evoke a mindful state wherever you are. The goal of this exercise is to practice being aware in the present moment throughout the day whenever formal mindfulness practice such as meditation or a body scan might not be practical. It is simply a guide to help you or your client become attuned to the **five senses**.





6. Dance Freeze

Put on some music. Everyone dances while the music plays. When the music stops, each person must freeze immediately and hold that position until the music begins again.

7.

Animal Charades

An active classroom game geared toward younger children is animal charades, also known as "What kind of animal are you?" at the PE Central website. This activity encourages students to use their imaginations as well as their bodies by trying to move like certain animals. This game can be played several different ways. You may enjoy putting on music and moving like different animals as a group or selecting one student to act out an animal while the rest of the students try to guess.

8. Play Mirror, Mirror.

Identify the adult or child as the "leader". Stand facing each other. The leader positions his/her body and asks the other person to mimic that position. For instance, the leader may put one hand on their head and one hand on their belly. The other person tries to match the action. See if you can trick your partner!

- 9. Gather your family together to see who can do the best animal impressions. Try to make the sounds of the animals and imitate their movements:
 - Dog
 - Monkey
 - Elephant
 - Lion
 - Snake

https://howtoadult.com/physical-activities-toddlers-child-care-centers-3829.html

- 10. Toss a Ball up in the air BUT you don't actually have a ball. Pretend you are throwing a baseball up in the air and catching it. How does it feel in your hand? How heavy is it? Try it with the following:
 - Basketball
 - Ping pong ball
 - Balloon
 - Beach ball

https://howtoadult.com/physical-activities-toddlers-child-care-centers-3829.html



Language / Langues (français et anglais Grade 2)

1.1 Make a Word Splash of Winter Words		
Required Materials	pencil, eraser, pencil crayons or crayons, scissors template on the next page	
Instructions	Make a Word Splash of Winter Words See the example of a word splash of shape words	
Criteria	Remembering sounds and spelling patterns will help you spell words correctly: long vowel sounds, short vowel sounds, word in a word, break words into chunks, ask yourself if the word looks right, compound words (two shorter words put together to make a compound word), etc.	



1.2 Create N	1.2 Create New Words	
Required Materials	pencil, eraser, book of your choice	
Instructions	Choose a word from the book you are reading that has at least 10 letters. See how many new words you can create using the letters from that word. Write them on the bottom of this page. How many can you create?	

1.2 Syllable Clapping	
Required pencil, eraser Materials	
Instructions	Clap out the number of syllables in your classmates' names and place a check mark in the correct column or use the winter words from your word splash. Use the sheet on the next page.



Syllable Clapping Chart

Name / Word	1 syllable	2 syllables	3 syllables	4 syllables

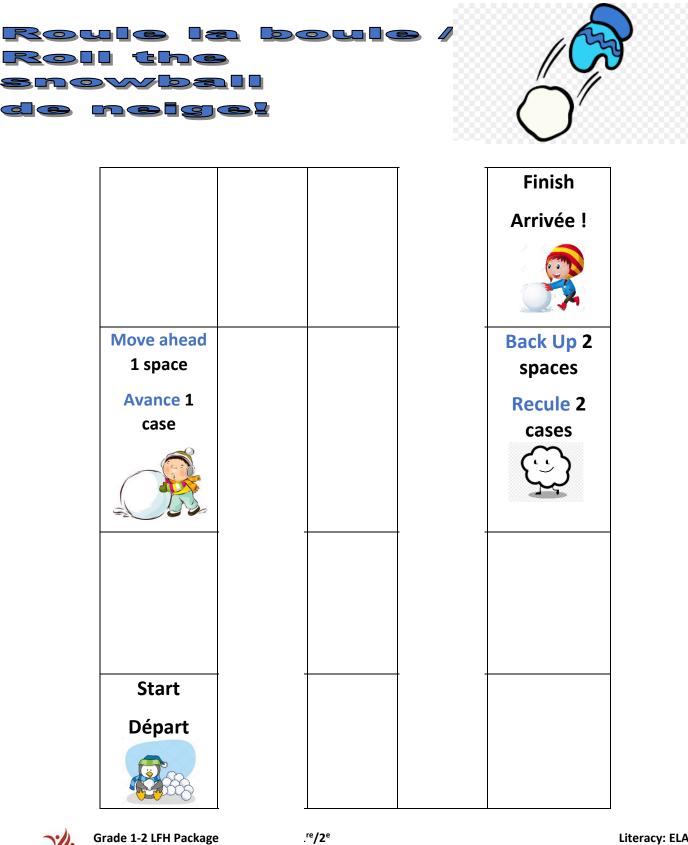
1.2 Mon jourr	1.2 Mon journal / My journal		
Required Materials	pencil, eraser, journal scribbler or white lined paper		
Instructions	Keep a simple journal <i>en français</i> . In this journal, you can record the date, the weather, and write one or two sentences on your own <i>en français</i> (emotions, activities you're doing on that day, etc.). Write in your journal 2x a week.		
Criteria	J'écris un titre. J'écris la date. J'utilisé une lettre majuscule au début de ma phrase et pour les noms des personnes et des places. J'utilise la ponctuation?!, Mes lettres sont bien formées. Il y a un espace entre les mots. Les mots sont épelés correctement.		

1.3 Scrabble	
Required Materials	Gameboard on the next page pencil, eraser OR sheet protector or large plastic freezer bag erasable markers
Instructions	Play a game of Scrabble <i>en français</i> with a sibling or a parent. Use words from your winter word splash or any other words that you know and try to use them in a complete sentence. For example: froid / II fait froid.





1.4 Roule la boule / Roll the Snowball		
Required Materials	gameboard on the next page pencil, eraser, pencil crayons, crayons or markers, small objects for game pawns, die	
Instructions	In each box, draw a picture of winter items (clothing, sports equipment, toys). Then, with a sibling or parent, take turns rolling the die and count the number of spaces you get to move. When you land on a square, use the word for that picture in a complete sentence. For example: <i>Je porte un foulard bleu</i> . Try also using game vocabulary like : <i>C'est mon tour, c'est ton tour, Zut!, j'ai roulé 6, J'ai gagné! J'ai perdu!</i>	

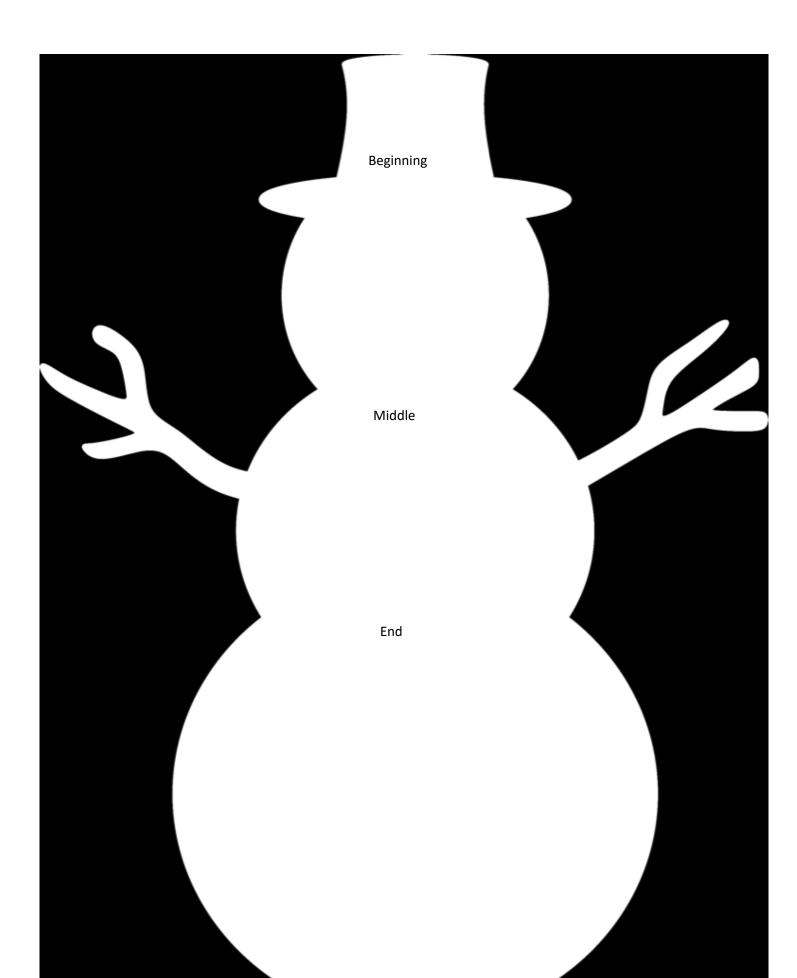


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D R A F T January 6, 202

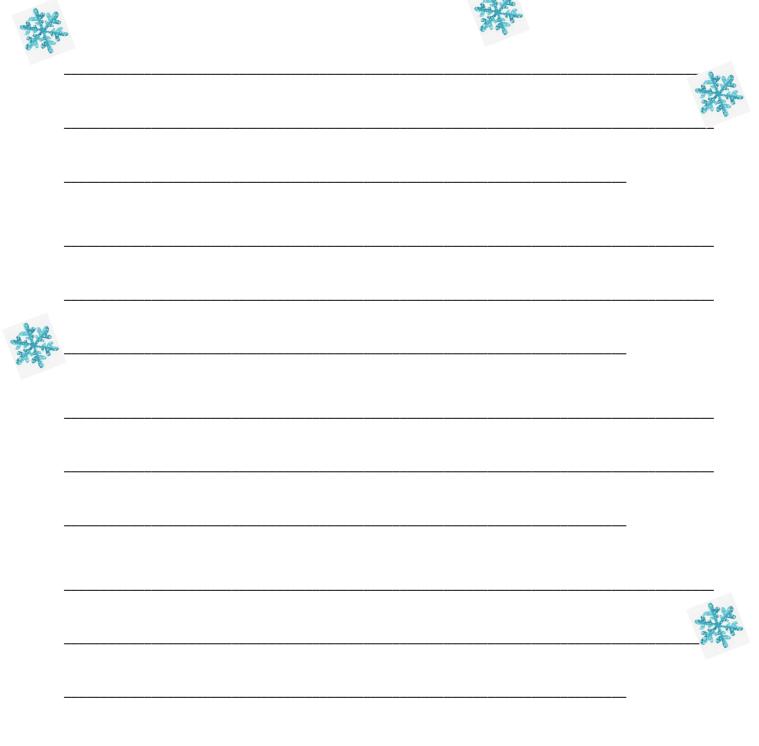
1.5 Snowman Reading Response		
Required Materials	pencil, eraser, pencil crayons or crayons, scissors template on the next page	
Instructions	After reading a book of your choice, show your understanding of beginning, middle and end by describing each part in the snowman. Use words such as in the beginning, then, next, in the middle of the story, later, finally to demonstrate beginning, middle and end. Students can then add details such as eyes, a scarf, a nose and add some colour to their snowman.	
Criteria	Use upper-case and lower-case letters appropriately. Use spaces between words. Spell most words correctly. Write sentences with interesting details. Edit your work for capitalization at the beginning of sentences and for people's names, for punctuation (periods, question marks, exclamation marks) and to make sure there are no missing words.	





1.6 Once Upon a Wintery Time		
Required Materials	pencil, eraser, pencil crayons or crayons, scissors template on the next page	
Instructions	Use your winter words to write a short story. Give your story a unique title. Add details to make it interesting. Brainstorm:	
	 Where does the story take place? Who is in the story? What are they doing? Is there a problem to solve? How does the problem get solved? How is everyone at the end? 	
Criteria	Use upper-case and lower-case letters appropriately. Use spaces between words. Spell most words correctly. Write sentences with interesting details. Edit your work for capitalization at the beginning of sentences and for people's names, for punctuation (periods, question marks, exclamation marks) and to make sure there are no missing words.	











Literacy: ELA Page 17



1.7 A Fun Winter Day		
Required Materials	pencil, eraser, pencil crayons or crayons, scissors template on the next page	
Instructions	Imagine you spend a frosty winter day with your favorite book character (Olaf, Elsa, Frosty, Rudolph, etc.). Who would it be?	
	How would you spend the day? What would you do?	
	What would you need to pack in your backpack for your adventure?	
	Write about the day.	
	Use words such as in the morning, then, later, after lunch, in the afternoon, before supper, in the evening.	
	Share how you feel during the day. What will you always remember from that day?	
Criteria	Use upper-case and lower-case letters appropriately. Use spaces between words. Spell most words correctly. Write sentences with interesting details. Edit your work for capitalization at the beginning of sentences and for people's names, for punctuation (periods, question marks, exclamation marks) and to make sure there are no missing words.	







1.8 Mon bon	homme de neige / How to Build a Snowman
Required Materials	sticky snow warm winter clothing rocks, a scarf, a hat, sticks, other objects to make your snowman unique
Instructions	Use the following words as you describe the steps to building a snowman: First then next after that finally En français Students are encouraged to build a snowman and then to record themselves as they introduce their snowman: Je parle en phrases complètes. Je présente mon bonhomme de neige avec Voici J'utilise il ou elle. Je dis son âge. Je dis ce que mon bonhomme de neige aime. Je dis si mon bonhomme de neige aime.



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1.9 Have Fun Reading: Choice Board	
Required Materials	Have Fun Reading: Choice BoardPaper
Instructions	 Choose a learning activity. Complete it on a paper. Write the name of the book that you are using for the activity. Highlight the activity when you are done. Do an activity each day. Keep track. Be proud of yourself!

Have Fun Reading Choice Board

Get Cozy!	Draw It!	Listen
Make a cozy fort with blankets,	Draw your favourite part of the	Use your listening ears as
and then use a flashlight to read	story. Write a sentence (or a	someone in your house reads to
a book.	word) about your favourite	you.
	part.	
Act it Out!	Recommend a Book	Make a Prediction
Pretend to be a character from	Think of your favourite book.	Take a few minutes to look at
a story you just read. Invite a	Draw a picture or write a	the front cover and first few
family member or friend to act	sentence about why you	pages of your book. Draw or
out the story with you.	enjoyed it. Share the book with	write a prediction (your best
	a friend or family member.	guess) about what will happen
		in the story.
Fiction	Nonfiction	Imagine
Where does the story take	What is on the front and back	If you were to change the
place?	cover of the book?	ending of the story how would
Who are the characters? How	What is this book about?	you change what happened at
are they important to the story?	What facts have you learned?	the end of the book?
What is the problem? What do	How do the pictures help tell	
the characters do to solve it?	about this topic?	

Adapted from Education.com



1.10 How to Make My Favourite Pizza

Required Ma	aterials			•		ke my favour	ite pizza recordi	ng sheet
Instructions				 pencil Start with a list of ingredients Write the directions using the words: first next, then, finally Write the name of the book that you are using for the activity There you have it! Yummy pizza and yummy pizza directions! 				
Nord Bank:	dough s	alami	sausa	ge	sauce	tomato	bacon	cheese
	c	onion	basil	ре	pperoni	pineapple	spinach	mushrooms
	peppers	5	chicke	en	olives	gar	lic	
virections:								
Directions:								

1.11 January Writing Prompts	
Required Materials	 January Writing Prompts sheet Paper/highlighter/learning tools
Instructions	 Choose a writing activity each day. Highlight the activity when you are done. If you miss a day, don't worry, come back and finish later. Build a collection of your writing prompts activities. Read them to a family member. Be proud of yourself!

January Writing Prompts

If you could live in	Describe the	Have you ever	If you could have	If you could live
a TV show, which	perfect ice cream	been in an	your own	somewhere else
one would it be?	sundae.	airplane? Does	YouTube channel	other than
Why? What		the idea of flying	what would it be	Winnipeg, where
character would		make you nervous	about?	would you live?
you play?		or excited?		Why?
Convince your	Write a paragraph	Using your five	Would you rather	What is your
parents to let you	telling some of	senses describe	be super strong or	family's favourite
get a new pet.	the fun things you	your favourite	superfast? What	restaurant? Write
	and your best	season.	would you do	about one of the
	friend like to do		with your	menu items you
	together.		superpower?	like best.
What are 3 things	You've decided to	If you could take a	What is your	Describe how you
you like to do on	join the circus!	trip anywhere in	favourite book?	would build the
the weekend?	What performer	the world, where	Why?	best snowman
	will you become	would you go?		ever!
	and why?	Why?		



Adapted from Writeshop.com

1.12 How to? (Do something or make something)	
Required Materials	How to sheet
	• Learning tools (pencil/paper, etc.)
Instructions	 Choose an idea to write the directions for. Use the words: first, next, then, and last Read your writing to a family member. Be proud of yourself!
1.12	
How to	
First	
Next	
Гhen	
.ast	

Math / Mathés

2.1 Le brouillage des bonhommes de neige / Snowman Scramble

Required Materials	2 dice gameboard on the next page
	Roll 2 die. Determine the greater number. Subtract the
Instructions	smaller number. Move that many spaces. If they are the
	same, you do not move. First one to 120 wins!

Le brouillage des bonhommes de



1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120



2.2 Let's mak	ke patterns and sort - winter outerwea	ar/Classification et séquences			
Required Materials	 Toques *tuques Mittens *mitaines Scarves *foulards Boots *bottes 				
Instructions	Place everything in a large pile in the see it.	e center where everyone can			
	How can you sort the objects?" Some suggestions include sorting by: colour (couleur), size (grandeur), shape (forme).				
	How can you make a repeating pattern (une séquence)?				
	Name the pattern you created				
	ex. Mitten, toque, mitten toque, mit	ten, toque (AB pattern)			
	ex. Boot, boot, scarf, boot, boot, sca	orf (AAB pattern)			

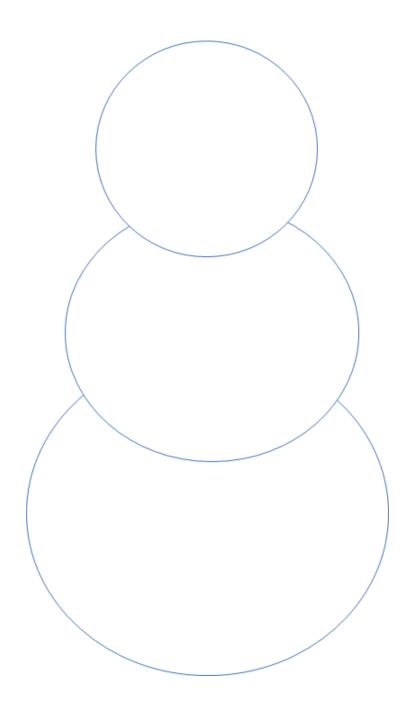


2.3 Let's mea	sure - Plus long – plus court	
Required Materials	ScarfPiece of white paper and a pencil	*foulard *papier *crayon
Instructions	Draw a line in the middle of your paper. Ma side of the paper and a – sign on the other Take your scarf and go around your house longer than your scarf (plus long que ton fo are shorter than your scarf (plus court que the items you measured on your paper.	side. to find items that are pulard) and items that

2.4 Let's mak	ke ice cream / Faisons de la crème glacée			
Required Materials	125 ml milk (1/2 cup) *lait 15 ml sugar (1 tbsp) *sucre 10 ml cocoa (2 tsp) *cacao			
Instructions	Put above 3 items into a small baggie and seal well . Take a large baggie, fill it with snow and add 125 ml salt (1/2 cup).			
	Place small baggie inside the large baggie which is filled with snow and salt and seal large baggie well . Shake for 6 minutes until most of the snow has melted and small			
	bag contents have solidified. *You might want to wear mittens during the shaking. Bon appétit!			

2.5 - Snowman Glyphe de bonhomme de neige		
Required Materials	 Crayons *crayons de cire/bois Snowman outline *bonhomme de neige 	
Instructions	If you like snow – draw a toque	
	If you do not like snow – draw a hat	
	Draw blue eyes if you prefer hot chocolate	
	Draw green eyes if you prefer chocolate milk	
	Draw a long carrot nose if you like to play in the snow	
	Draw a short carrot nose if you do not like to play in the snow	
	Draw a dotted mouth if you have built a snowman	
	Draw a curved mouth if you have never built a snowman	
	If you are 6 years old – draw 2 branch arms reaching up	
	If you are 7 years old – draw 2 branch arms straight out to the side	
	If you are 8 years old – draw 2 branch arms reaching down	
	Draw a scarf if you prefer winter	
	Draw a tie if you prefer summer	
	Draw 1 button for each member in your family	
	Decorate the background with your favourite winter things	





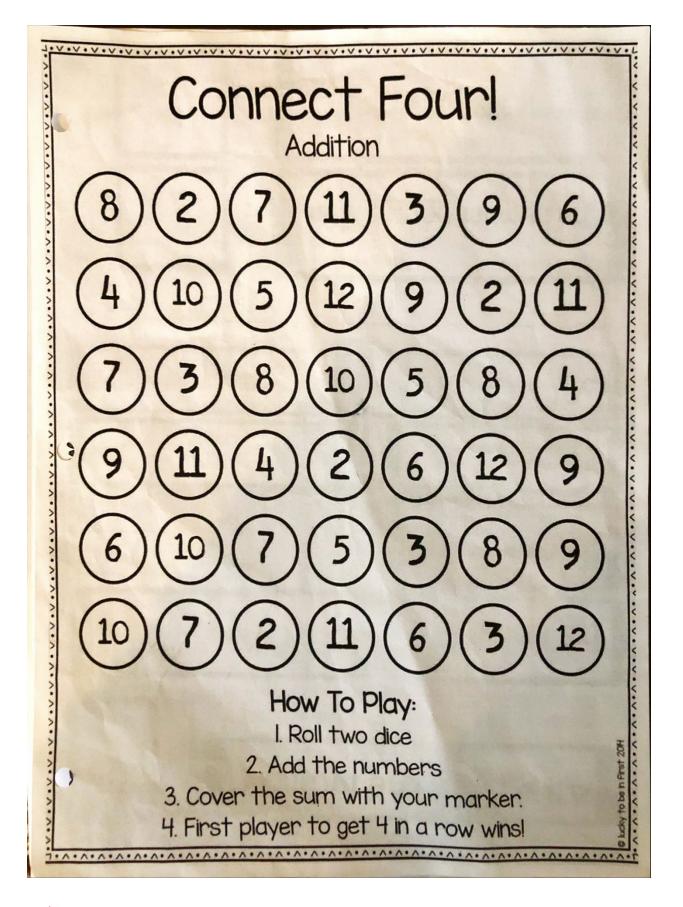
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2.6 More or Less		
Required Materials	2 diceGameboard attached	
Instructions	Roll 2 dice to create a 2-digit number. Write this number in the boxes. Then write the number that is one less and one more on the lines.	

or less	Name Roll two dice to create a 2-digit number. Write this number in the boxes. Then write the number that is one less and one more on the lines.



2.7 Connect Four Addition		
Required Materials	2 diceGameboard attached	
Instructions	Roll 2 dice. Add the numbers. Cover the sum with your markers.	
	First player to get 4 in a row wins.	

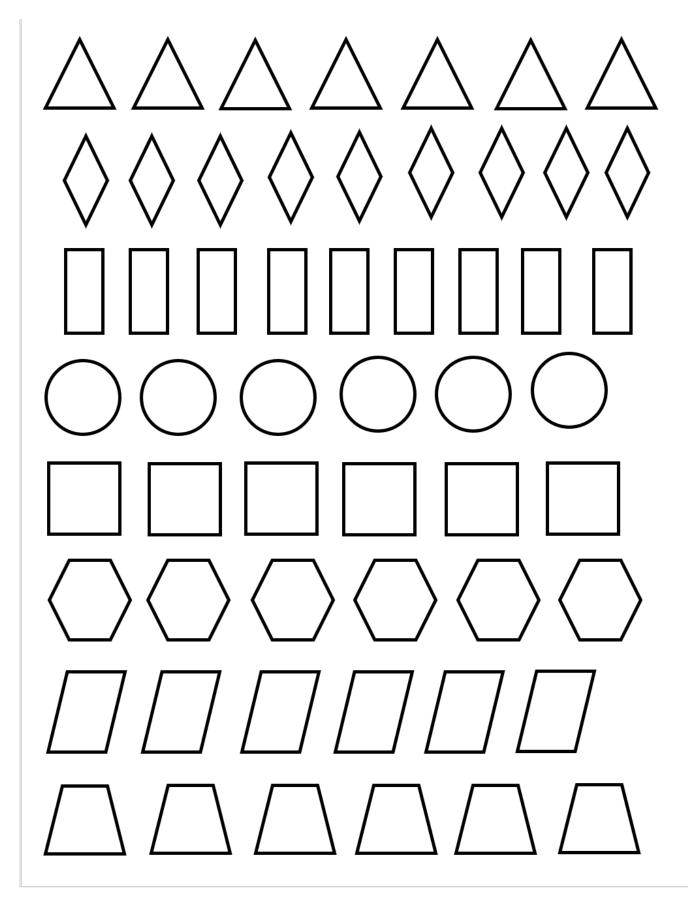


2.8 Go Fish 10		
Required Materials	Deck of cards	
Instructions	Lay out 20 cards on the table (leave out face cards or change them to equal 0, while aces equal 1).	
	Kids remove sets of cards that add up to 10, ultimately trying to remove all the cards from the table.	
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4.4 A V V.		
thefirstgrad	eroundup.com	



2.9 Build a Snowflake with Shapes		
Source: <u>https://alittlepinchofperfect.com/build-a-snowflake-winter-shape-math-activity-and-free-</u>		
template/		
Templates recreated by R. Plouffe-Hingley		
Required	Scissors	
Materials	Glue	
	Printable pages	
Instructions		
	Students can cut out different shapes to design a snowflake in the	
	centre of the large circle. They can count how many of each	
	shape they used to make their unique snowflake design.	







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2.10 Mitten Roll and Colour

Source: https://littlezizzers.blogspot.com/2018/12/16-literacy-and-math-activities-for.html

Templates recreated by R. Plouffe-Hingley

Required Materials	Printable mitten page Two dice		
	Crayons		
	This can be done alone or with a partner.		
Instructions	Roll the dice and count the dots. Each time a new number is rolled, colour the mitten with the corresponding number. Partners can take turns filling in the mittens. This activity ends will all mittens are coloured.		
	Example: If you roll two Colour the "2" mitten. 2		

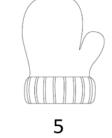


Mitten Roll and Colour



















10



11

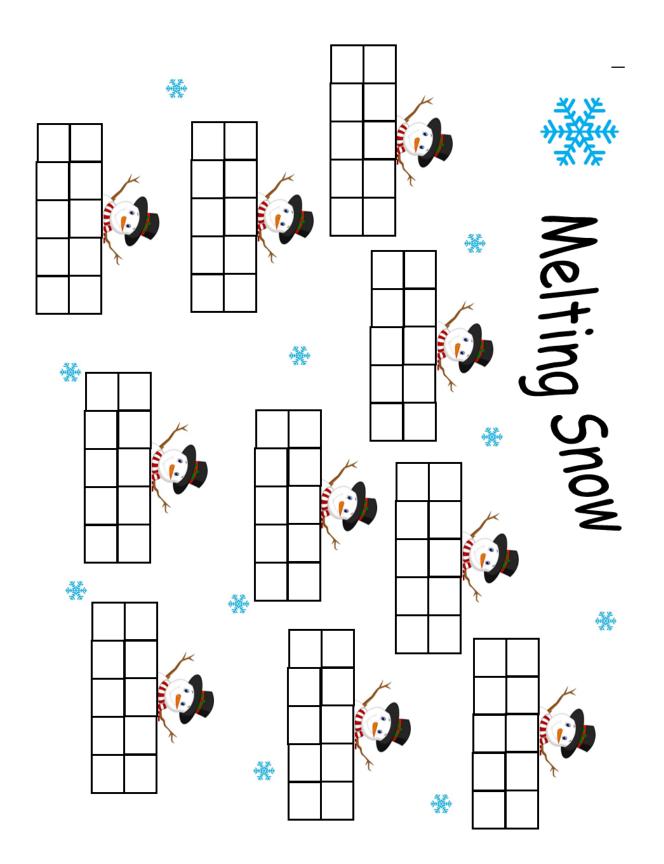








2.11 Melting Snow Subtraction Game Source: https://thekindergartenconnection.com/snow-subtraction-printable-winter-math-center/ Templates recreated by R. Plouffe-Hingley			
Templates recreated t	Melting Snow Subtraction question cards cut into squares		
Required	Melting Snow Ten Frames page		
Materials	Plastic sheet cover		
	Whiteboard Marker		
Instructions	Place the ten frames page into the plastic page protector. This will allow this page to be reused.		
	Students pick a card and first fill in the ten frame using the whiteboard marker with the first number to show how many.		
	They then wipe off the amount of the second number to show how many are taken away.		
	They can then visually see how many dots are left in their ten frame!		
	They keep pulling cards and solving in this way until all of the equations have been solved and are represented in their ten frames on the recording sheet.		





10 - 7	10 – 6	10 – 5	10 - 4	10 - 3	10 - 2	10 - 1
9 - 4	9 - 3	9 - 2	9 - 1	10 - 10	10-9	10-8
8 - 2	8 - 1	9 – 9	9 – 8	9 - 7	9 - 6	9 - 5
7 - 1	8 - 8	8 - 7	8 - 6	8 - 5	8 - 4	8 - 3
6 - 1	7-7	7 - 6	7 – 5	7-4	7-3	7 - 2
5 - 2	5 - 1	6 – 6	6 – 5	6 - 4	6 - 3	6 – 2
4 - 4	4 - 3	4 - 2	4 - 1	5 5	5 - 4	5 - 3
	1 - 1	2 – 2	2 – 1	3 3	3 - 2	3 - 1

Source: https://fromp	2.12 Snowman Make 10 Source: https://frompond.blogspot.com/2013/12/6th-and-7th-days-of-christmas-blog-hop.html?m=1 Templates recreated by R. Plouffe-Hingley			
	One die/six-sided cube			
Required	Snowman Makes Ten Printable			
Materials	Cotton balls or other "snowballs" to cover numbers			
Instructions	The student will roll the die and count the dots.			
	They will think about how many MORE are needed to make ten and cover both numbers with a "snowball" (cotton ball).			
	For example, if a 6 is rolled, the student would cover the 6 and the 4.			
	The activity continues until all but the 10 is covered. The final number is covered to finish the task.			



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January Caler	ndar
Required Materials	January calendarLearning tools
Instructions	 January 1st is on Friday; mark it on your calendar Write all the dates until January 31 Draw a picture of the weather on each day As each date passes cross it out Make it a pattern Share you January calendar with your family!

January Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Find Your Snowman's Name:

Use the first letter of your name to find your Snowman's first name. Then use the month you were born to find your Snowman's last Name.

First Name:

- A: Twinkle
- B: Mr. Freeze
- C: Jack Frost
- D: Frosty
- E: Arctic
- F: Winter
- G: Festive
- H: Flurry
- I: Mistletoe
- J: Snowball

- K: Fluffy L: Candy
- M: Polar
- N: Jingle
- O: Blizzard
- P: Snowflake
- Q: Star
- R: Gingerbread
- S: Tinsel
- T: Chilly
- U: Icy V: Festive W: Nutcracker X: Holiday Y: Holly
- Z: Twinkle

Last Name:

January: Button-Nose February: Winter-Man March: Snow-Day April: Cold-Nose May: Lost-Gloves June: Jingle-Shorts July: Sugarplum-Fairy August: Numb-Toes September: Frozen-Pants October: Jolly-Drawers November: Cozy-Fire December: Hot-Cocoa

https://coffeeandcarpool.com/fun-simple-snowman-project-free-printables/



Sciences / Sciences de la nature

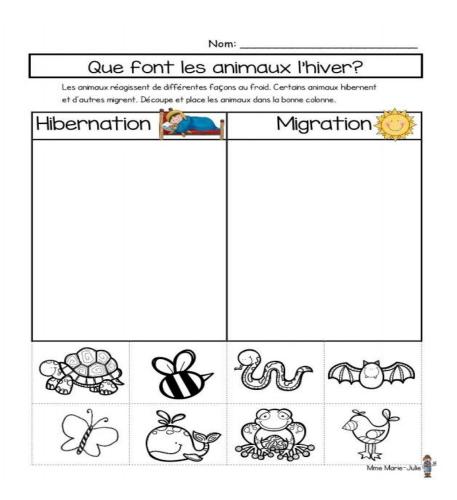
3.1. Who Hibernates?		
Required Materials	 Who Hibernates sheet Learning tools 	
Instructions	 Read each question Think of animals that answer the question Draw pictures 	

Who Hibernates?

Draw and list 2 animals that hibernate and 2 that don't.

A	But a
hibernates.	Doesn't hibernate.
A	But a
hibernates.	
	doesn't hibernate.

3.2 Hibernation et migration		
Required Materials	Scissors, glue	
Instructions	Cut the animal pictures and glue them into the correct column to show how they prepare for the cold winter. Explain your choices to an adult <i>en français</i> .	





3.3 Diagramme de Venn / Venn Diagram				
Required Materials	paper, pencil, eraser			
Instructions	Draw two circles that intersect. This diagram will help you compare two things. See the example below:			
	prepare for winter. Explain les similarités et les différences to a parent or older sibling <i>en français</i> .			



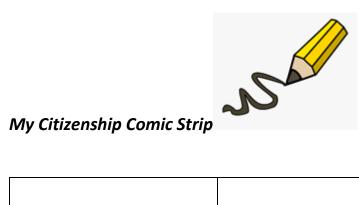
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Social Studies

4.1 Citizenship Comic Strip

Required Materials	pencil, eraser, the comic strip on the next page
Instructions	How can you be a good citizen in the winter? (shovel for a neighbour, help a younger person on skates, help a little brother or sister create a snowman, protect the environment for animals, keep the sidewalk in front of your house clear of snow, put trash in the trash, use recycling bins for recyclables, sort winter clothes that no longer fit you and donate them to someone who can use them, stay off ponds and rivers, follow safety rules if you snowmobile, dress appropriately for the weather and remind others to do the same). Choose your six favorite ways to demonstrate good citizenship in the winter and illustrate them in the squares on the next page. Write a sentence to describe the action.





Éducation en plein air / Outdoor Learning

5.1 Colours, Patterns and Shapes All Around Us		
Required Materials	pastels, crayons, pencil crayons, water colours or other, construction paper	
Instructions	On a walk outside, students notice and describe colours, patterns and shapes all around us by using language such as: Je vois : du bleu, du rouge, du blanc, de l'orange / un rectangle, un cercle, un carré, un triangle, un hexagone, un losange / une auto rouge, une maison verte, un nuage blanc ou gris, une bicyclette orange, des feuilles vertes, un chien Qu'est-ce que tu vois? (to ask a sibling or parent) Je sens: l'air, la pluie, la ferme, le BBQ, les autos, le parfum, le gazon Qu'est-ce que tu sens? (to ask a sibling or parent) Je suis : excité(e), triste, mélancolique, nerveux(se), heureux(se) Est-ce que tu es? (to ask a sibling or parent) excité(e), triste, mélancolique, nerveux(se), heureux(se) Why is there an extra E after excité? If it is referring to a female person, it is written with the extra E at the end or SE.	



Students then use pastels, crayons, pencil crayons, water colours or other on construction paper to represent what they see, smell and feel.
Extension activity: students present their drawings to a sibling or parent and use the structures that were practiced when they were on their walk outside, <i>en français</i> .

5.2 La musique et les sons		
Required Materials	pencil, eraser, the comic strip on the next page	
Instructions	 Students create sound effects for: different kinds of wind we hear in January the sound of a snowplow the sound of skates on ice the sound of a shovel on cement OR Students listen to French music while performing another task outside; this exposes students to Francophone culture while they work on something else in the great outdoors (story time with a parent, paint in the snow, shovel, create an igloo safely, etc.).	



5.3 La course d'obstacles dans la neige		
Required Materials	food colouring in the snow (if you choose to use it), a level area, instructions on the following pages	
Instructions	The most important thing is to keep safety in mind as you set up the obstacle course on a safe, level surface. Students many find it fun to time themselves and try to beat their best time. Siblings can engage in friendly competition. There is no right or wrong way to participate in this activity. It is for fun and for students to communicate in French. French language for parent / grand-parent / trusted adult to use: Départ Start La fin! Finish! Bravo! Good for you! Vas-y! Go, go, go! See the next page for obstacle course instructions.	

The following are the instructions for each event on the obstacle course (you will find the flashcards on the following pages that you can print or reproduce with chalk).

Départ - Student is ready to begin

Saute sur deux pieds — 10 bonds (ten bounces) et compte tes bonds.





- Je me présente (introduce yourself) en français



Claque des doigts 10x



et compte par bonds de deux (skip count by 2)

commençant à 7 *en français*.

Debout sur un pied



– J'aime ... en français.

Marche comme un crabe



- 10 pas (ten steps) et explique J'aime

l'hiver parce que ... en français.

Debout sur l'autre pied (other foot)



- Je n'aime pas ... en français

Arrête

Un grand saut!



- Quelle est la date en français?



Et annonce « Je suis capable! »

La fin! – Student has made it to the finish line!



Additional Art Resources

1. Melting Crayon Art



Supplies:

- broken crayon bits
- paper or poster board for a "canvas"
- hair dryer

Instructions:

Step 1: Cover your workspace in newspaper or a drop cloth

Step 2: Grate, smash or shave crayon bits into smaller pieces. The smaller the piece, the more easily it will melt

Step 3: sprinkle the broken crayon pieces onto the "canvas". There are no rules to how much or little you sprinkle. Mix the colors together, keep them separate, sprinkle all over the page or leave blank space. You are the artist!

Step 4: Turn your hair dryer on to a low setting. Holding the dryer at least a foot above the "canvas"

to start (so the small bits of crayon don't get blown away) begin to melt the crayon. Once the crayon begins to soften, you can hold it closer to melt the crayon more quickly.

Step 5: Optional. If you hold the dryer a bit to the side, it will make the melting crayon spread out in interesting shapes.

Step 6: Continue melting until you have achieved a look that you find pleasing.

2. Connecting Music and Art

Listen to music together and dance. Then, your child can draw a picture afterwards while the music continues to play.



3. DIY Puffy Paint

https://artfulparent.com/salt-puffy-paint/



Ingredients: The paint is simply a mix of equal parts salt, flour, and water with a bit of tempera paint added for color.

How to: You can apply it with a squeeze bottle or an icing bag, and because of the viscosity of the paint, it stays raised, like frosting. Hence the "puffy paint" even though it's not actually puffy to the touch. Once the paint dries, it's hard and crystalline because of the salt.

What's cool is that the colors stay separate rather than mix. You could squeeze out a puddle of yellow salt paint, then add drops of blue on top and those drops of blue would hold their shape and color and separateness until dried.

Everyone seems to love using this kind of paint! From youngest toddlers just getting the joy of squeezing a bottle and watching the paint come out to older kids and even adults.



4. Make your own playdough!

https://www.iheartnaptime.net/play-dough-recipe/



Playdough ingredients:

- 2 cups all-purpose flour
- 3/4 cup salt
- 4 teaspoons cream of tartar
- 2 cups lukewarm water
- 2 Tablespoons of vegetable oil (coconut oil works too)
- Food coloring, optional
- Quart sized bags

Instructions:

- 1. Stir together the flour, salt and cream of tartar in a large pot.
- 2. Add the water and oil. If you're only making one color, add in the color now as well.
- 3. Cook over medium heat, stirring constantly. Continue stirring until the dough has thickened and begins to form into a ball.
- 4. Remove from heat and then place inside a gallon sized bag or onto wax paper.
- 5. Allow to cool slightly and then knead until smooth.
- 6. If are making multiple colors, divide the ball of dough up into as many smaller balls as the number of colors you want. Put each small ball of dough into a Ziploc bag. Add about 5 drops of food coloring to each bag. Zip the bag up. Squish and knead the food coloring into the dough. By mixing the color into the dough in the bag, you don't get food coloring all over your hands!
- 7. If you want, you can add glitter to your dough in the bag as well.
- 8. When you are not having fun with your playdough, keep it in a Ziploc bag with all the air squeezed out of it. Your playdough should keep for up to 3 months.



5. Ice Suncatchers

http://twigandtoadstool.blogspot.com/2014/01/ice-rainbow-sun-catchers.html



Supplies: round foil cake tins

Bits of nature (branches, berries, leaves, fruit slices, whole spices, etc.)

Food Coloring (optional) String



How to:

Step 1: Measure how much water will fit into your cake tins. Pour the water into a food coloring safe container like a glass measuring cup.

- Step 2: Place the natural objects that you found into the tins
- Step 3: Add food coloring to a container of water (optional)
- Step 4: Pour water back into the cake tin over the natural objects

Step 5: loop a string with the ends into the cake tin. This will be used to hang your suncatcher

Step 6: put the cake tin somewhere to freeze. Once it is frozen, hand it outside so you can enjoy its beauty! As the ice melts, the natural objects will become more exposed and the birds and squirrels will have a tasty treat!



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